

**COACH WRIGHT'S
MIDDLE SCHOOL (6TH, 7TH, & 8TH) GRADE
HEALTH SYLLABUS**

Course Description:

Maintaining emotional and physical health permits all of us, regardless of age, the best chance to achieve our life goals. This class will provide you with the fundamental of understanding your mind and body: how they work (often times together), what keeps them functioning their best, and what elements are destructive to the mind and/or body. This class will allow you to make better lifestyle choices: decisions that help determine how long you live and how happy you will be. Additionally, we will explore the actions of those around you, rather they are helpful or harmful, and explore how you might best respond in difficult social situations.

Sections to Be Covered: The Sections may vary at different times.

Introduction to Health
Medicine & Illegal Drugs "Is Your Life at Stake?"
The Life of Mental Freedom
Abstinence Unit

GRADING POLICY:

A total Nine-Week average will be calculated in the following areas:

- . 50% Exams/Projects
- . 20% Class Assignments
- . 20% Quizzes
- . 10% Notebook/Journal

Journals: Journal entries will be graded based on the following rubric:

Exceeds expectations (9 – 10 Points)

Journal entry is turned in on time, is more than one paragraph in length, includes writer's own thoughts, feelings, and/or opinions, and clearly shows evidence that the writer put a great deal of thought and effort into the content.

Meets expectations (8 Points)

Journal is turned in on time, is at least one paragraph in length, and includes writer's own thoughts, feelings, and/or opinions.

Nearly meets

Expectations (6 – 7 Points)

Journal entry is limited in content or is turned in late, but shows evidence of some thought and effort and includes writer's own thoughts, feelings, and/or opinions.

Little attempt to meet

Expectations (1 – 5 Points)

Journal entry shows little evidence of thought or effort.

No attempt to meet

Expectations (0 Points)

No journal entry or journal entry shows any evidence of thought or effort.

EXPECTATIONS:

Students are expected to follow the basic Rules:

1. Be on time.
2. Be prepared with Paper, Pen/Pencil, Assignments and Agenda.
3. Follow directions.
4. Stay on task.
5. Be respectful of Self, Classmates and Teacher at all times.
6. Adjust your Voice Level to suit the activity.

PROVISION FOR IMPROVING GRADE:

Students who have a failing cumulative grade may ask the teacher for opportunities to improve their grade only when all work required has been completed and the student has demonstrated a legitimate effort to meet all course requirements including attendance.

ABSENCES/MAKE-UP WORK PROCEDURES:

Upon returning to school following an absence, it is the student's responsibility to contact the teacher to request make-up work. Make-up work must be completed by the student within the time specified by the teacher.

I have reviewed the syllabus for Health. I understand what is expected of me and I will work to the best of my ability.

Student Signature: _____ Date: _____

I have reviewed the Health Syllabus with my child. I understand the expectations and will support them.

Parent Signature: _____ Date: _____

Thank-you,

Gloria Wright
Freedom Park School

RCSS Mission Statement: Building a world-class school system through education, collaboration, and innovation.

RCSS Vision Statement: The Richmond County School System will create a world-class, globally competitive school system where all students will graduate and are college/career ready.